

# Stressfree Living

Health & Lifestyle Magazine

## Beauty & Style PAMPER YOUR HANDS



### Super-Soothing Hand Cream

L'Occitane hits the mark with their Shea butter, honey and sweet almond extract hand cream. It is blended with the scents of jasmine and ylangylang. This balm helps heal and protect dry or dehydrated skin.

5.2 fl. oz. \$25  
[www.loccitane.com](http://www.loccitane.com)



### Limited Edition Hand Cream & Bottle

A limited edition collector's bottle filled with your favorite Christmas scents is offered by Fruits & Passion. This hand soap is rich and smells wonderful in Guiltless or Orange Cinnamon.

11.8 fl. oz. \$25  
[www.fruits-passion.com](http://www.fruits-passion.com)



### Suger Scrub Souffle

This Berry Christmas hand scrub is a burst of berry infusion you can't ignore. Blissful Bath also offers some wonderful extras for the bath. Their cupcake bubble bath, bath bombs and tub truffles are an added bonus to any bath.

From \$2.50 to \$7  
[www.blissfulbath.com](http://www.blissfulbath.com)